

Timber Cove Dolphins Parent Handbook 2024

Expectations, guidelines and resources for the swim team parents

This is a working document - Latest version will be posted online

The Timber Cove Dolphin swim team is all about good sportsmanship, self-discipline, personal excellence, and a lifetime love for swimming!

Bylaws of the Timber Cove Dolphin Swim Team

- For more league information refer to [CCSL Handbook](#)

2024 Board Members

President - Andrew True (859) 327-8318 TimberCoveDolphins@yahoo.com

Vice President - Darlene Moss (281) 900-9708

Meet Director - Ron Jones (713) 789-7005

Treasurer - Wendy Caldwell (281) 221-0632

League Representative – Erin True (859) 327-8318

Concessions Director - VACANT

Clerk of Course – Jennifer Jones (713) 854-7983

Secretary – Aimie Clepper (281) 413-0045

Communications & Publicity Director – Paige Casperson (832) 621-6516

Communication and Announcements

**#1 way we communicate –
remind app text 81010 with this message: @tcdol**

- Coaches use this if practice is cancelled due to storms
- At the meet of what race is being called to the ready area and who's in the water
- When we need help
- Upcoming events
- Parents can reply back and ask questions too!
- The app is better than just the text messages because you can see who sent the message

#2 is Facebook "Timber Cove Dolphin Swim Team" and through the website via the announcements/news section – you should receive an email at the address you used at registration.

Committee Director Positions

Awards and Recognitions Director – Elissa Emmons

Scholarship Director – Elissa Emmons

Equipment Director - Michael Kaemmer

Merchandising Director – Elissa Emmons

Fundraising Director - vacant

Photography and Video Director - vacant

2024 Coaches

Head Coach – Jackie Fouty (281) 910-2203 jackiefouty@gmail.com

Assistant Coach – TBD

Purpose *(from the Bylaws Article 2)*

This team is not an agent of the Timber Cove subdivision, Timber Cove Recreation Association (TCRA), nor the city of Taylor Lake Village, but an independent organization of local families drawn together for the purpose of promoting swimming, water safety, and sportsmanship in the community for children ages 18 and under. The team shall be a non-profit organization form under the control of these by-laws to offer to its membership the opportunity to participate in the Clear Creek Swimming League (CCSL) summer program of competitive swimming.

It is not the purpose of this team to run swimming lessons in competition with TCRA, but to provide coaching and clinics to swimmers who want to increase their skill level and to enter competition events with other teams and swimmers of the league. The team will work in cooperation with TCRA and city officials.

Using the TCRA Facility

Please review the TCRA webpage, handbook and consider joining! <https://www.timbercovepool.com/>

Practice Schedule

The most updated schedule and practice times are [posted on the website](#).

May 2-25 Evenings (M-Th)

4:30 PM - 5:00 - 9 & 10
5:00 PM - 5:30 - 11 & 12
5:30 PM - 6:00 - 6 & Under
6:00 PM - 6:30 - 7 & 8
6:30 PM - 7:30 - 13 & Up

May 31 – July 15 Morning Schedule (M-F)

7:00 AM - 8:00 - 13 & Up
8:00 AM - 8:30 - 6 & Under
8:30 AM - 9:00 - 7 & 8
9:00 AM - 9:30 - 9 & 10
9:30 AM - 10:00 - 11 & 12
FRIDAYS ONLY - 10:00AM - 10:30 Stroke
and Turn Practice

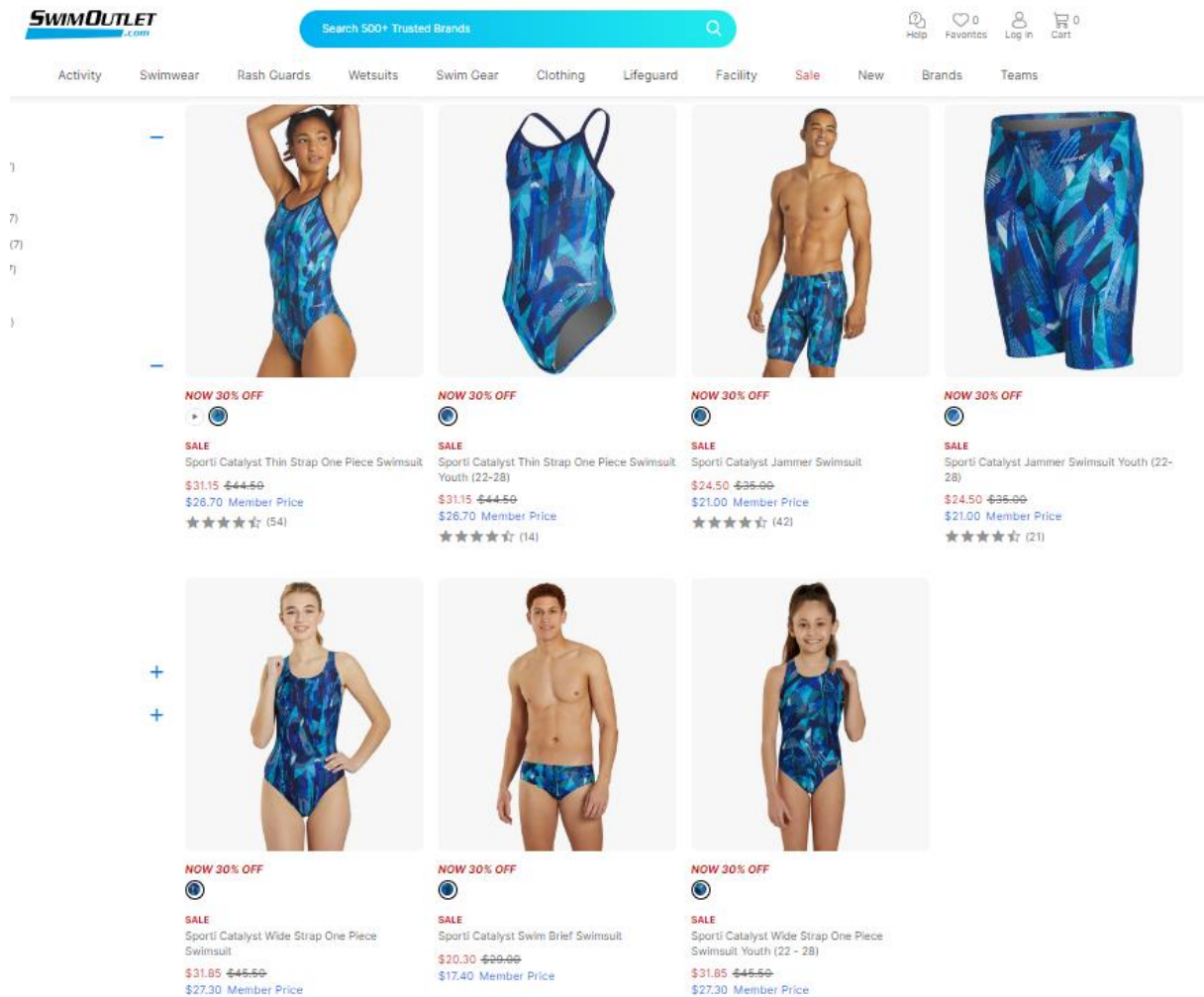
- Parents must attend with swimmers who are 9 and under.
- Only swimmers who are practicing are allowed in the pool and on the pool deck. Other swimmers, siblings and parents are to be under the pavilion, in the yard or at the sandbox.
- Do not be a distraction to the swimmers in the pool or the coaches.
- Swimmers or siblings are not to play inside the building.
- The baby pool is maintained by the TCRA. Parents are responsible for their children and need to follow the posted TCRA rules – no running or horseplay. TCD, coaches and other parents are not responsible for unsupervised, unparented children.
- Ice Machine is for adults and only for ice. Children should not be using the ice maker. The scoop is to be hung on the wall. Nothing is to be kept cold in the ice maker.

Swim Gear

Swimmers must wear appropriate swim team attire to practices and meets

- Girls are to wear a 1-piece suit. Athletic style suits are encouraged. No bikinis are allowed. See team suits below for style examples (suits below are from 2023, 2024 will be a new suit – TBA!).
- Boys are to wear jammer style shorts or briefs. No board shorts or swim trunks allowed. See team suits below for style examples.
- Swimmers should have at least 2 pairs of goggles (extra for when one breaks).

- Swimmer's hair should be fastened back and stay out of the eyes. Swim caps are encouraged but are optional. There is a team swim cap available for purchase through our merchandising site.
- Meets: Swimmers are to wear athletic style swim suits (girls) or jammers (boys). Timber Cove suit colors have been blue and black. Purchasing a team suit is optional. (suits below are from 2023, 2024 will be a new suit – TBA!).
 - o Please help support TCD by purchasing through our team store for all your swim needs. Link Coming Soon!
- For more information refer to [CCSL Handbook](#)



Swim Meets

- Event numbers, heat and lane assignments are given to swimmers the day of the meet at check in. Ready area also has a copy.
- Consider paying for the **meet mobile app** for one parent in each family. On the day of the meet you can see events, heats, lane assignments, times and places. You can see times as they are entered and synched (after meet entries are received). It is not required. It costs \$6.99 per year. www.active.com/mobile. The clerk and coaches can also provide this information, but not on the day of the meet.
- In May there is a time trial during regular practice times. This is to get the seed times for each swimmer. It is also the deadline test for 6 and unders to qualify by swimming the width of the pool unassisted (see bylaws). It is also a great run through for what a swimmer is to do during a meet. This year you will receive a meet invitation for the time trial to sign up for events – use the email you used for registration. This is a practice run for parents on how the meet invitations work. Please sign your

child up for events for the time trial (there are no max number of events per swimmer for the time trial; there are max numbers for meets).

- **Sign up for meets:** You will be sent an email link to register your swimmer for the swim meets. You must register your swimmer by the Sunday before the meet. This is the same email you used at registration. Login to the Parent Portal on www.TimberCoveDolphins.com, select "View Meets," and indicate attendance. You may choose your swimmer's favorite events; ultimately the coach will make the final call on what events your swimmer swims.
- **Relays:** This is a team sport – the goal is to do your personal best and to score points for your team – and have fun doing it! Relays are excellent opportunities to support your team and fellow swimmers. It is also another opportunity for swimmers to race. **If your swimmer is signed up for a relay, please do not leave the meet early.** The other swimmers in the relay are looking forward to the opportunity to swim – this creates problems for the coaches and the meet. If your child cannot stay for the relay, please let the coach know when you register for the meet (deadline is the Sunday before the meet).
- [Champ times are posted on the CCSL website](#)
- Please see the CCSL Bylaws for information on how scoring works.
 - 6 and under events do not score – but they still receive ribbons
 - Only the first heat scores
 - First place = 5 pts, 2nd place = 3 pts, 3rd place = 2, 4th place = 1
 - Swimmers can swim up in age group to fill a relay, but not down
 - Fastest swimmers are grouped in the first heat based on best seed times
 - A team can score a maximum of 2 swimmers per an event. If a team's swimmers are unopposed (other team doesn't have any swimmers) only 1 swimmer will be scored.
 - The swim team who accumulates the most points wins the meet.
- **HOME MEETS – There is a race 81 at our home meets. THE PARENT/COACH RELAY SWIM. I call it the Parent Splash. It is awesome, bring your suit and come on in!**

Ask the Clerk of Course, Jennifer Jones questions about how meets work.

Junior Coaches

- Swimmers who are going into the 9th grade or older may apply to be a junior coach. These older swimmers are such an important part of our team – assisting the coaches and encouraging swimmers to learn techniques and do their best.
- Please visit the website for more information and the junior coach contract:
<http://www.timbercovedolphins.com/clubs/6460/pages/144552>

Parent Volunteers

We cannot have a meet without parents volunteering. Timers, officials, ready area, set-up, clean-up, concessions, assistant clerk, runners, announcer, and ready area are examples of the positions needed. Please be willing and ready to help. Each family is required to fill volunteer positions for children to participate. If you do not fulfill your family's volunteer requirements your swimmer(s) could be disqualified from competing. The meet director will assign volunteer positions if there are vacancies that are required to be filled. Volunteers are required for home and away meets. Our team will be assigned volunteer positions for the Reserve/Champ Series in July.

The Board vacancies and other director positions also need to be filled with parents. The board of directors and parents will support you and help you accomplish these roles.

Meet Director - Ron Jones (713) 789-7005

Financials

- We are in good financial standing with more than \$10,000 ([minutes are available online for exact amounts](#))
- Expenses – 2023 we had some significant expenses – computer, lane lines, benches, lane line keeper, starting block tape. Typical expenses include pool maintenance, league fees, coaches' salaries, t-shirts, signs, administrative costs (active works, software, printer, computer maintenance), end of season party, medals/awards, etc.
- Registration payments are all made online through active works (we pay them a fee for this service)
- Refunds can be given up until the time trial or May 15.

Support Timber Cove Dolphins

- Volunteer
- Sign up on krogercommunityrewards.com to link your Kroger card to our swim team so we get rewards from them. You simply sign in search for PN153. Kroger pays the team a percentage of your purchases – it costs you nothing!
- Become or recruit a sponsor! For more information visit the sponsor page on our website.
- Venmo: @TimberCoveDolphins-SwimTeam for payments to the team